If someone in your family were sick, who would you call? That’s the question we put to thousands of physicians in the greater Puget Sound area, and they answered in droves. Our annual “Top Doctors” survey garnered more than 6,500 nominations for the best physicians in 65 specialties, from pediatrics (see page 108) to cancer care (see page 94) and beyond; the doctors on this list were selected by their peers as the very best in their fields. We hope you never need these modern healers, but if you do, rest assured that our meticulous, months-long process has, for the 11th year, produced a list of physicians you and your family can turn to when you need care, comfort and answers.

EDITED BY: Kristen Russell STORIES BY: Elaine Porterfield, Sheila Mickool, Sheila Cain and Teresa Kenney RESEARCH BY: Castle Connolly Medical Ltd. and Teresa Kenney, with Elaine Hayes

PORTRAITS BY HAYLEY YOUNG
ADDITIONAL PSYCHIATRY

Steven M. Jacobson, M.D., 11201 SE 8th St., Suite 105, Bellevue, 425.454.0255, Overlake Hospital Medical Center, May 1979; addiction, substance abuse, drug and alcohol addiction.

Karen Stewart, M.D., University of Washington Medical Center; University of Washington College of Medicine, 1997; addiction, substance abuse, drug and alcohol addiction.

Allergy and Immunology

Leonard C. Alman, M.D., North West Asthma and Allergy Center, 455 Sand Point Way NE, Suite 202, 206.527.1200, University of Washington Medical Center, Seattle Children’s Hospital, Harborview Medical Center, University of Connecticut, 1989; pediatric allergy and immunology, asthma, drug allergies.

Ann Marie Wanner, M.D., The Everett Clinic, 305 Hoyt St., Suite 330, Everett, 425.225.2700, University of Washington Medical Center, Washington Hospital Center, University of California, San Francisco, 1983; asthma, allergy, immunology.

 carvedilol, 1972; preventive cardiol- ogy, pacemakers, echocardiogra- phy, cardiac transplantation.

Derek M. Rodriquez, M.D., Eastside Cardiology Associates, 12333 NE 130th Lane, Suite 300, Kirkland, 425.889.0555, Evergreen Hospital Medical Center, Overlake Hospital Medical Center, Portage Valley Medical Center, Seattle Children’s Hospital, 1993; heart failure, cardiac imaging, echocardiography, nuclear cardiology.

James Schneider, M.D., Eastside Cardiology Associates, 12333 NE 130th Lane, Suite 300, Kirkland, 425.889.0555, Evergreen Hospital Medical Center, Overlake Hospital Medical Center, Portage Valley Medical Center, 1975; echocardiography, nuclear cardiology, interventional cardiology.

Budge F. Smith, M.D., Western Washington Medical Group, 12728 71st Ave. SE, Suite 300, Everett, 425.225.2700, Providence Regional Medical Center, George Washington Hospital Medical Center, 1982; interventional cardiology.

Karen Steel, M.D., Regional Heart Center at UWMC, 1197 NE Pacific St., Suite 300, 206.598.6200, University of Washington Medical Center, University of Arizona College of Medicine, 1996; adult congenital heart disease, fetal medicine.

Mark R. Heaster, M.D., Eastside Cardiology Associates, 12333 NE 130th Lane, Suite 300, Kirkland, 425.889.0555, Evergreen Hospital Medical Center, University of Rochester, 1997; heart failure, cardiac imaging, echocardiography, heart disease in pregnancy, echocardiography.

Gary L. Weeks, M.D., Summit Cardiology, 130 N 11th St., Suite 200, 206.363.1004, North- west Hospital Medical Center, North- western University, 1980; interventional cardiology.

Marta Tsykoveritch, M.D., Sum- mit Cardiology, 130 N 11th St., Suite 200, 206.363.1004, North- west Hospital Medical Center, North- western University, 1980; interventional cardiology.
Top Doctors Hall of Fame

Making the Top Doctors list for one year is an achievement; making it for ten is worthy of our Hall of Fame. Meet nine extraordinary physicians at the forefront of health care in the Puget Sound region.

Robert Sherman, M.D.
Family Medicine
The Polyclinic

Particularly interested in improving the dynamic between physicians and their patients, Dr. Sherman is credentialed by the American Balint Society to lead Balint groups—physicians who meet to present clinical cases and share experiences with their colleagues. The groups focus on enhancing the physician’s ability to connect with and care for the patient, particularly in situations where the patient interacts to cause the physician feeling frustrated or unsettled.

Kim Abson, M.D.
Dermatology
The Polyclinic

In addition to her busy practice, Dr. Abson is a full-time professor at the University of Washington, receiving the 1999-2000 Distinguished Teaching Award for the University of Washington Dermatology Department. She has a special interest in melanoma detection, using devices such as the dermatoscope and MelaFind unit.

Douglas Hanel, M.D.
Hand Surgery
U.W. Medicine/Harborview Medical Center

Dr. Hanel has developed new techniques for the emergency treatment of compound fractures, hand and finger amputations and the reconstruction of damaged soft tissue requiring free tissue transfer. He also directs two of the most respected training programs in the country: the Orthopaedic Surgery Resident Program and the Hand and Microsurgery Program, both at the University of Washington. He is also the director of the Pediatric Hand Surgery Program at Seattle Children’s Hospital, and is a professor of orthopedics at the University of Washington.

Steven Juergens, M.D.
Addiction Psychiatry
Overlake Hospital Medical Center

Specializing in both general and addiction psychiatry, Dr. Juergens is a fellow with the American Society of Addiction Medicine, an honor granted only to physicians who have made a great contribution to the addiction medicine field. He is also a research consultant for the National Football League, and a former associate professor of psychiatry at the University of Washington.

Dennis Christie, M.D.
Pediatric Gastroenterology
Seattle Children’s Hospital

A pioneer in the treatment of pediatric gastrointestinal illnesses, Dr. Christie is the chief of Seattle Children’s Hospital. He is a former associate professor of pediatrics at the University of Washington.

CONTINUED ON NEXT PAGE

FROM LEFT TO RIGHT:

Kim Abson, M.D.
Dermatology
The Polyclinic

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Kim Abson, M.D.
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Kim Abson, M.D.
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Kim Abson, M.D.
Dermatology
The Polyclinic
**Brain Surgery via the Eye Socket**

As both Harbourov Medical Center's chief of facial plastic and children's hospital co-chair, Dr. Moe has been performing a radical and innovative surgery, known as the transorbital neuroectomy, that can help treat a variety of brain tumors and conditions without the need for extensive craniotomy. The technique involves creating a small incision in the eyelid, allowing the surgeon to access the brain through the eye socket. This approach minimizes the risk of brain damage and significantly reduces recovery time, allowing patients to return to their normal activities much sooner than with traditional surgery.

**Critical Care Medicine**

Dorothy M. Bodkin, M.D., Hospitalist and Medical Director of the Critical Care Team at Harborview Medical Center, completed her fellowship training in critical care medicine at the University of Washington Hospital and Medical Center, which led to her being named the 2007 recipient of the John H. Heilman Award for Excellence in Critical Care Medicine.

**Cutaneous Lymphoid Disorders**

Mary Ann Smith, M.D., is the chief of dermatology at Harborview Medical Center and the director of the Northwest Regional Medical Center's dermatology service. Moe states, “She’s an outstanding dermatologist who always provides cutting-edge care to her patients.”

**Endocrinology, Diabetes & Metabolism**

Edward Bostom, M.D., is the director of the Endocrinology, Diabetes and Metabolism Fellowship and is the director of the Endocrinology, Diabetes and Metabolism Service at Harborview Medical Center.

**Renal and Urologic Surgery**

Richard Billingham, M.D., is a member of the medical staff at Harborview Medical Center and the co-director of the hospital's surgical department. Moe says, “He is a leader in the field of urologic surgery, and his expertise in kidney transplantation is widely recognized.”

**Surgical Oncology**

Leslie L. Walker, M.D., is the chief of surgical oncology at Harborview Medical Center and the co-director of the hospital's surgical department. Moe says, “He is a leader in the field of surgical oncology, and his expertise in kidney transplantation is widely recognized.”

**Top Docs**

Jennifer L. Bigner, M.D., Ph.D., Proteum Medical Center, 7425 36th Ave. SE, Suite 200, Bellevue, 425.688.0100, Providence regional Medical Center.

Top Docs Spotlight

Dr. Moe performed the first prostate procedure in Seattle Children’s Hospital history for me, given all my interests. In med school, I discovered that I really enjoyed gynecology, men’s and women’s health and pediatrics. When I was an adolescent medicine specialist, I realized that my focus on both physical and mental health of young people from 10 to 24 years in age, was the right choice for me, given all my interests.

**What Case was in the Most Mystifying?**

One case a few years ago was especially troublesome. A young woman, 16 years old, presented with chronic severe abdominal pain and extreme fatigue. She was routinely too tired to go to school or even to the mall with her friends. When the case was referred to me, numerous medical tests had already been conducted, and her medical file was the size of a telephone book. There appeared to be no medical cause for her symptoms, and mental health issues didn’t appear to be a factor either, but something was clearly off. A detailed review of her history led me to examine her original EKG and ask a cardiologist to retest. We discovered she had a heart condition requiring surgery. Her condition would have become life threatening in time. Because of challenges like this one, I love my job. I love coming to work every day. Sheila Mickel
Battling Obesity

JOSEPH E. CHEBLL, M.D.

SPECIALTIES: SURGERY, BARITRIC SURGERY, OBESITY, MINIMALLY INVASIVE SURGERY, PRACTICE AND HOSPITAL AFFILIATIONS: Northwest Obesity Surgery, Everett Hospital Medical Center; Northwest Hospital Medical Center

WHY BARITRIC (WEIGHT LOSS) SURGERY?

As a resident, I was hooked on mastering the technical challenges of bariatric surgery, which is like reaching the top of the surgical mountain. When I started my own practice, Dr. William Roll, a pioneer in the field, taught me that surgery is only half the equation; caring for patients is just as important. He showed me that advance preparation and a high quality of care before, during and after surgery result in minimal complication and excellent recovery. My practice exploded after I learned this. It’s my life’s work.

WHAT HAS BEEN YOUR BEST OUTCOME?

Each patient achieves a personal best. Prior to surgery, obesity is only one of the conditions they battle. Many have type 2 diabetes, apnea, reflux, joint issues and high blood pressure. They may be taking lots of meds to control these conditions. They suffer from social stigma, and the simplest tasks we take for granted, like climbing stairs, may be beyond them. Bar- tiric surgery transforms their lives; there is no other single intervention that cures or improves their medical conditions so significantly. Moms will see their children grow up. Dads will walk their daughters down the aisle. Some patients even become marathon runners or glacier trekkers. Seeing patients succeed—it doesn’t get any better than that. S.A.M.
WHEN I RECEIVED THAT FATED PHONE CALL from my doctor telling me I had breast cancer, all I wanted to do was fall on the floor and cry. But first I had to go pick up my son from kindergarten. Somewhere between the mammogram and the core biopsy, I had become one of a growing number of young women diagnosed with breast cancer. Statistics show that breast-cancer diagnoses in women younger than 40 have increased in the last decade, possibly because of improved screening methods. In 2010, the American Cancer Society predicted about 207,090 new cases of breast cancer in women; between 5 percent and 7 percent of those women will be younger than 40.

Two years ago, at age 38, I went from being a busy, self-employed freelance writer, a kindergarten reading volunteer and my 5-year-old son's boo-boo kisser to a stage II breast cancer patient reeling from a mastectomy, 16 rounds of aggressive chemotherapy and five weeks of daily radiation treatment. accustomed to juggling assignments, phone calls and interviews, I had to get used to letting my husband schedule my blood draws, doctors' appointments and weekly infusions. Instead of cooking meals for my family, I accepted casseroles from friends and neighbors. And after more than 20 years of adulthood, I once again cried in my mother's arms like a child.

While a breast cancer diagnosis at any age is devastating, younger women face unique challenges. Many of us are just ramping up our careers and raising families. Others are still dating or considering having children. My friend Nicole, diagnosed with stage III breast cancer at age 34 and unable to lift anything after her double mastectomy, had to use jellybeans to coax her toddler into his car seat. Luchie, 33, still hasn’t had a chance to become a mother. She had to abort her fetus when, at three weeks' gestation, she was diagnosed with stage III breast cancer.

I met these women and many others like them at the Young Survival Coalition meetings at Gilda’s Club in Seattle, a support group geared toward women younger than 40 facing breast cancer. There, we shared our fears and celebrated our victories with others who had lost a breast, their hair and their dignity—but were fighting like hell to get them all back.

Diagnosing breast cancer in younger women can be tricky. Their breast tissue is generally denser than that of older women. By the time a lump is felt, the cancer is often advanced. Delays in diagnoses are also a problem, because many young women ignore the warning signs—such as a lump or unusual discharge—because they believe they are too young to get breast cancer.

On my doctor’s recommendation, I started receiving mammograms at age 35, since both my grandmothers had been diagnosed with breast cancer. Even so, I found my 5-cm. lump on my own—despite having a clear mammogram two months earlier. By then, it had spread to two of my lymph nodes. Frighteningly, this type of story is not uncommon among younger women. The mammogram remains the go-to scan, even though the technology is no match for the compact tissue often found in the breasts of younger women. MRI—or magnetic resonance imaging—can detect some cancers readily, but carries a high price tag. Many young women, like me, find their breast cancers themselves, through self-examination.

Though I did self-exams a few times a year, like many women my age, I hadn’t spent time worrying that I might have a potentially fatal disease. Luckily, two years after my diagnosis, I show no evidence of disease. But the fear of recurrence is always there.

Finding support
The Young Survival Coalition (YSC) is a nonprofit group dedicated to the issues unique to young women who are diagnosed with breast cancer, a disease that usually doesn’t affect women until their 60s. The YSC Seattle chapter’s support group meets the first and third Wednesdays of each month, from 1:15 to 3:30 p.m. at Gilda’s Club on Capitol Hill, 1600 Broadway, Seattle; youngsurvival.org/seattle.
All Conceivable Options

R. DALE MCCULLE, M.D.

SPECIALTIES: UROLOGY, MALE INFERTILITY, PRACTICE AND HOSPITAL AFFILIATION: Seattle Reproductive Medicine, Virginia Mason Medical Center

OF NOTE: Dr. McClure is director of the Male Infertility and Microsurgical Unit at Virginia Mason Medical Center. He is also a clinical professor of urology at the University of Washington and is past president and a board member of the American Society of Reproductive Medicine.

WHY FOCUS ON MALE INFERTILITY?

When I was a resident in the mid-’70s, not much was known about male infertility or how to mitigate its impact on couples wanting to conceive. I wondered what we could do to improve that and accepted a research fellowship in endocrinology at UCLA to learn more about infertility. Ironically, the goal of the study was to create a male contraceptive. We haven’t much luck with that, but I’ve been interested in male fertility since then.

WHAT HAS BEEN YOUR BEST PATIENT OUTCOME?

The development of microsurgical techniques (surgery using an operating microscope) has transformed our ability to treat male infertility. In the past, men with no discernable sperm count, a condition called azoospermia, were assumed to be unable to produce sperm. But using microsurgery, we can explore the testes under a microscope and search for pockets of sperm. You only need one to fertilize an egg; we try to find five to 10 to fertilize as many eggs as possible. In one memorable case, a patient appeared to have no evidence of either sperm or testosterone in his semen sample and was presumed to be infertile. Using microsurgery, however, we found pockets of sperm, carefully removed them and fertilized his wife’s eggs. She delivered twins. *SM*

Dr. R. Dale McClure delivers results at Virginia Mason Medical Center

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When medication, talk therapy and even electroconvulsive therapy have failed, there haven’t always been many options left for people suffering from severe depression. But a new use of deep brain stimulation at Swedish Medical Center may turn that around.

In the past, deep brain stimulation has been used mainly for Parkinson’s disease patients. The procedure involves surgically implanting a small neurostimulator that delivers precisely targeted electrical signals to areas of the brain affected by the disease. The electrical signals modify brain cell transmissions that cause the symptoms of movement disorders, such as the tremors of Parkinson’s.

“His use in the movement disorder world has been fantastic,” says Peggy O’Neil Shortt, a nurse practitioner and manager of the deep brain stimulation program at Swedish.

“The most common concept for depression,” which used to treat depression, the electrical stimulation will target this part of the brain that affect mood, she says.

Swedish is planning to begin the treatment on patients with severe depression later this year. “We’re just waiting for the FDA’s final step of approval,” O’Neil says. “They outcomes looked really promising in the previous studies.” One day the treatment may also be used to treat obsessive-compulsive disorder, E.P.

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CANCER SPECIALTIES

Physicians with subspecialties in treating cancer can also be found under listings for Colon & Rectal Surgery, Dermatology, Diagnostic Radiology, Gastroenterology, Hematology, Neurology, Oncology, Pathology, Plastic Surgery, Surgery, Thoracic Surgery and Urology.

GYNECOLOGIC ONCOLOGY

Douglas W. Dreitzer, M.D., Pacific Gynecologic Oncologists, 1101 Medici St., Suite 300, 206.404.3150, Swedish Medical Center; University of Washington, 1984; gynecologic oncology.

Profile on page 95.

University of California, San Diego, 1992; ovarian cancer, ovarian cancer—early detection, breast cancer, cervical cancer.

University of Michigan Medical School, 1989; general hematology, AIDS-related cancers, lung cancer, brain tumors, testicular cancer.

University of Washington Medical School, 1976; neutropenia therapy, clinical trials, general hematology, AIDS-related disorders, hematopoietic disorders.

University of Pennsylvania, 1966; University of Washington Medical School; University of Pennsylvania, 1985; AIDS, HIV, infections in cancer patients, orthopedic infectious diseases, travel medicine.

University of Pennsylvania, 1966; University of Washington Medical School; Northeastern University, 1990; sexually transmitted diseases, AIDS, HIV, hepatitis B and C.

University of California, San Diego, 1992; University of Washington Medical School; University of California, 1991; vasculitis.

University of Washington Medical School; University of Maryland, 1994; heart failure, invasive carcinoma of the breast, coronary angioplasty/stents.

University of Washington Medical School; Harvard University, 1985; women’s health, preventive cardiology, fam Zoster.

University of California, San Diego, 1992; University of Washington Medical School; University of Washington, 1987; gynecologic cancer, palliative care, gynecology.

University of Pennsylvania, 1966; University of Washington Medical School; University of Washington, 1975; gynecologic cancer, palliative care, gynecology.

University of Washington Medical School; University of California, 1991; bone marrow transplantation, clinical trials, multiple myeloma.

University of Washington Medical Center; University of Kansas, 1982; bone marrow transplantation, clinical trials, multiple myeloma.

University of Washington Medical Center; University of Minnesota, 1984; anaplasty, arrhythmias, coronary angiography, heart failure.

University of Washington Medical School; University of California, 1991; anaplasty, coronary artery stent placement, cholangitis/fibrosis disorders, nuclear cardiology.

University of Washington Medical School; Northwestern University, 1991; heart failure, invasive carcinoma of the breast, coronary angioplasty/stents.

University of Washington Medical School; Northwest Hospital and Medical Center; University of Alberta, Canada, 1986; anaplasty, arrhythmias, coronary angiography, heart failure.

University of Washington Medical School; University of California, 1991; anaplasty, coronary artery stent placement, cholangitis/fibrosis disorders, nuclear cardiology.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.

University of Washington Medical School; University of California, 1991; cardiovascular, hypertension, heart failure.
Serving Wounded Warriors
ANDREW J. SAXON, M.D.

SPECIALTY: ADDICTION PSYCHIATRY AND GENERAL PSYCHIATRY
PRACTICE AND HOSPITAL AFFILIATION: Veterans Affairs Puget Sound Health Care System
NOTE: Dr. Saxon has practiced addiction psychiatry with the Veterans Administration, Puget Sound Health Care System for more than 25 years. He is a professor of psychiatry at the University of Washington and director of the Addictions Treatment Center at VA in Seattle.

YOUR SPECIALTY SPORTS LIKE THIS IT CAN BE PROFESSIONALLY AND EMOTIONALLY CHALLENGING. WHAT IS THE MOST GRATIFI NG PART OF IT?
I would say addiction issues have been prominent through human history. What is probably hot now is that we have really developed a scientific understanding now of what causes the brain disease of addiction. I prescribe a lot of medications these days, and they're very good. I am also a strong believer in the physician-patient relationship. So much of the importance of the medication is the interaction between the patient and the doctor, and how important it is to know people's stories and know their lives. I think it's just a very important aspect of healing psychologically. If we can help people psychologically, then their bodily ill improves. And I really get a sense of satisfaction about our wounded warriors; veterans will be in my office, and there's a lot of physical and psychological trauma. About 30 to 40 percent of patients are homeless. It's a great opportunity to be of service to people who don't have much in their lives. E.P.
State of Emergency

Freestanding “no wait” emergency centers are popping up all over the region, and not everybody is happy about it

BY KAREN WEST

EMERGENCY MEDICAL CARE in Washington is getting a radical makeover: Freestanding, “no wait” emergency centers are cropping up in fast-growing suburbs, providing closer-to-home options to those often dreaded, crowded ER waiting rooms in urban hospitals. These ERs, often in or near trendy shopping centers, tout quick, high-quality treatment for sudden injuries and illnesses. “It’s a growing trend,” says Caroline Rossi Steinberg, vice president for trends analysis at the American Hospital Association. “It’s an efficient way for hospitals to meet growing emergency care needs of the communities.” She says the number of freestanding emergency rooms nationwide has increased in the last five years by about 65 percent. Locally, Swedish Medical Center developed the region’s first freestanding emergency department in Issaquah in March 2005. It opened a second in Redmond last December, and a third in February in Mill Creek. In March, Evergreen Hospital Medical Center opened its own stand-alone emergency center in a Redmond shopping center. “We want to radically change the way people think about emergency care,” says Lisa Knutson, operations manager of Swedish Medical Center’s Redmond freestanding ER. The focus: treating people where they live and work, and getting them through the system—and to a doctor—quickly. On average, patients are treated, diagnosed and ready to be discharged within about 90 minutes, as opposed to the state’s average hospital ER wait of four hours. Costs are comparable to those of traditional ERs—at least for the patient.

Two more freestanding emergency centers are being planned by Valley Medical Center and MultiCare for the Covington area, but those projects could be affected by pending legislation sponsored by state Senator Cheryl Pflug, R-Maple Valley, a registered nurse who is calling for more stringent building requirements and a two-year moratorium on new construction of ER centers. Pflug, who is also earning a law degree, says taxpayers are getting soaked by these types of facilities, which she says are being built as “profit centers” under the guise of convenience. “They are driving quality down and driving costs through the ceiling” by focusing on efficiency, she says, adding that the centers also are creating health care monopolies. “It’s all about market domination.” Instead, Pflug advocates expanding and improving primary care systems. But Dr. John Milne, a vice president of medical affairs for Swedish, says that the increasing density in cities such as Redmond and Issaquah is creating increased demand for this type of care: “We are responding to the demographic changes in the population.”

[ CONTINUED ON PAGE 175 ]
Taking Relief on the Road

A team of local doctors is easing the pain of patients in Third World hospitals

PATIENTS AT SOME OF THE POOREST hospitals in the world are getting relief from their pain—from Seattle doctors. Swedish Medical Center anesthesiologists Mark Cullen and Richard Solazzi were among a group that created Seattle Anesthesia Outreach (SAO) six years ago after spending a week in Ecuador assisting surgeries. Since then, the nonprofit has grown to about 100 volunteers, sponsored a dozen humanitarian missions and is now focusing on Ethiopia, a country with few resources and a life expectancy of age 50.

In February, approximately 28 volunteer doctors, nurses and technicians spent a month at Ethiopia’s largest hospital, Black Lion, in Addis Ababa, installing anesthesia machines and other equipment, and training physicians and staff. “We are taking the soup-to-nuts approach,” Solazzi says. (Cullen, who is the partner of Seattle magazine associate publisher John Spear, recently resigned from SAO because of time constraints.)

Last year, SAO raised $55,000 for its African mission and partnered with Boeing and Ethiopian Airlines to deliver 7 tons of medical equipment to the hospital in a new Boeing 777 commercial jet. The group is now raising money to fund another monthlong mission to Black Lion this fall and hopes to continue to go back to Ethiopia on a regular basis. “The poverty there is beyond anything we can relate to,” Solazzi says. “We want to help this place move into the next century.” K.W.

[CONTINUED FROM PAGE 97] University of Washington Medical Center, Veterans Affairs Puget Sound Health Care System; McGill University, Montreal, Canada, 1989; movement disorders, Parkinson’s disease, tremor and dystonia

Sarah E. Stolz, M.D., Sleep Medicine Associates, 550 17th Ave., 206.386.4744, Swedish Medical Center, Northwest Hospital and Medical Center; Case Western Reserve University, 1985; sleep medicine, sleep disorders/apnea, neurophysiology

Lynne P. Taylor, M.D., Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.341.0420, Virginia Mason Medical Center, Washington University in St. Louis, 1982; brain tumors, gliomas

David Vossler, M.D., Valley Neuroscience Institute, 3115 Talbot Road S, Suite 206, Renton, 425.656.5566, Valley Medical Center; Jefferson Medical College, 1983; epilepsy, seizure disorders

NEURORADIOLOGY

[IMAGING PROCEDURES RELATING TO THE HEAD, NECK AND SPINAL CORD]

Jeffrey G. Jarvik, M.D., Harborview Medical Center, 325 Ninth Ave., 206.744.3561, University of Washington Medical Center; University of California, Davis, 1987

Bart Keogh, M.D., Ph.D., Radiology, 728 134th St., Suite 120, Everett, 425.297.6200, Swedish Medical Center; University of Pennsylvania, 1997

NUCLEAR MEDICINE

Janet Eary, M.D., University of Washington Medical Center, 1959 NE Pacific St., 800.852.8546; Veterans Affairs Puget Sound Health Care System, Harborview Medical Center, Seattle Cancer Care Alliance; Michigan State University, 1980; cancer imaging, nuclear radiology

Virginia E. Klaas, M.D., Valley Radiologists, 400 S 43rd St., Renton, 425.251.5183, Valley Medical Center, Auburn Regional Medical Center; University of California, Irvine, 1989; nuclear radiology

OBSTETRICS & GYNECOLOGY

Kathryn Arendt, M.D., Center for Women’s Health, 12303 NE 130th Lane, Suite 500, Kirkland, 425.899.4455, Evergreen Hospital Medical Center; University of Missouri, Columbia, 1990; uro-gynecology, incontinence, reconstructive surgery, pelvic floor reconstruction

Susan S. Block, M.D., Minor and James Seattle Women’s Clinic, 1229 Madison St., Suite 1500, 206.292.2200, Swedish Medical Center; University of Southern California School of Medicine, 1981; gynecologic surgery, menopause problems

Ann M. Bridges, M.D., Polyclinic Obstetrics and Gynecology, 1229 Madison St., Suite 1600, 206.860.4541, Swedish Medical Center; Northwestern University, 1986; Pap smear abnormalities, uterine fibroids, high-risk pregnancy

Mary Brumfiel, M.D., Evergreen Women’s Health Center, 12333 NE 130th Lane, Suite 110, Kirkland, 425.285.0060; Mayo Medical School, 1982, gynecologic surgery, urinary incontinence, menopause problems

Maura Cardwell, M.D., Evergreen Women’s Health Center, 12333 NE 130th Lane, Suite 110, Kirkland, 425.285.0060, Evergreen Hospital Medical Center; Oregon Health and Science University, 1985; hysterectomy alternatives, hysteroscopic surgery, laparoscopic surgery, ultrasound

Seine Chiang, M.D., Women’s Health Care Center, 4245 Roosevelt Way NE, 206.598.5500, University of...
Anesthesiology

They play a critical role in your surgery, yet you can't select an anesthesiologist—or can you?

SHEILLA MICKOOL

Last year, at age 50, Grace* was diagnosed with breast cancer for the second time in three years. She was scheduled for a double mastectomy with immediate reconstruction, and would likely be in surgery for about 13 hours. “It was scary,” Grace says. “Especially the anesthesia consult several weeks prior, where they tell you that there is always a chance, with a long, complicated surgery, that you won’t wake up. At that point, I was more worried about [not waking up] from the surgery than the cancer.” Grace is not alone in her concerns. Dr. Shelley Agricola, a cardiac anesthesiologist at Overlake Hospital Medical Center, says it’s common for patients to be more fearful of the anesthesia than the surgery.

POWERFUL NEW PATIENT APP

Overlake Hospital Medical Center in Bellevue is offering a free new app that brings more than 300 symptoms, 1,000 diseases and 305 medical procedures to smartphones (there is also a computer version). It’s quicker and easier to use than a typical medical website—and packs a few special features.

The app, called the iTriage Symptom Checker, helps you decide whether you need medical care, and if so, where best to seek it: a doctor’s office, urgent care center or emergency room. iTriage will then present the closest such facility. The app can also quickly educate a patient about what tests or medications might be used for a condition or injury, empowering them to ask questions, says Overlake’s emergency room director, Dr. Steve Marshalek. “As opposed to them simply sitting there thinking, ‘I don’t know where to start.’”

“This is a tool for thinking about [health issues] ahead of time or thinking about things that are medically less drastic,” says Marshalek. “And lots of folks don’t have a primary care physician or aren’t able to get a callback in a timely frame that works for them.” (Reid: middle of the night.) Download the app at overlakehospital.org; search for “iTriage.” E.P.

*Not her real name

TREATMENT BREAKTHROUGH

Until recently, most patients didn’t ask many questions about who would be doing their anesthesia. “Patients are more savvy now,” says Agricola, “and their level of concern is often driven by the news cycle.” The death of Michael Jackson from propofol in 2009 elevated the public’s concern about the risks of anesthesia, Agricola says. Patients started asking questions: What exactly does an anesthesiologist do? Is mine competent? Can I ask for a specific doctor?

In basic terms, anesthesiologists specialize in using drugs to control pain. They are essential members of the operating room patient-care team, whose purpose is to provide a safe and comfortable environment, according to James Stangl, M.D., president of the Washington State Society of Anesthesiologists (WSSA) and an anesthesiologist at Multicare’s Tacoma General Hospital and Mary Bridge Children’s Hospital. They care for patients before, during and after surgery. In most cases, patients are not invited to choose a specific anesthesiologist—but that needn’t deter you.

In many cases, anesthesia departments try to accommodate patients’ requests, barring emergencies and schedule conflicts. “We try,” says Dr. Max Lucero, an anesthesiologist at Swedish Medical Center who sees both adult and pediatric patients before, during and after surgery. In most cases, patients are not invited to choose a specific anesthesiologist—but that needn’t deter you.

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Given her concerns, Grace did request a specific anesthesiologist. “I wanted a superexperienced, educated [physician] who would make me feel comfortable and whom I could trust,” she says. “Someone with a great bedside manner, because not only was I scared about not waking up from surgery, I’m also needle-phobic.” She asked for Dr. Lorri Lee at the University of Washington Medical Center, and Lee was assigned to the surgery.

Lucero suggests that when requesting an anesthesiologist, you ask for your first-choice anesthesiologist—and one or two backups. He advises patients to tell surgeons their preferences for an anesthesiologist, and to call the hospital’s anesthesiology department directly to make sure their requests are on record.

To find an anesthesiologist—or check on the qualifications of one—Sean Kincaid, M.D., of Matrix Anesthesia (and WSSA’s vice president) suggests checking with the Washington State Department of Health (doh.wa.gov; search by provider’s name) to verify that the doctor is licensed and in good standing, confirming board certification with the American Board of Anesthesiology (theaba.org), and looking at hospital and anesthesiology group websites. (Note that anesthesiologists are not included in Seattle magazine’s Top Doctors listing; this is because Castle Connolly, our research partner, does not consider them to be specialists whom patients can generally choose. The same is true for emergency room physicians.)

While you can request a specific anesthesiologist, you probably don’t need to, unless your condition is complex or you have particular concerns, says Agricola. “You really are in good hands, because, behind the scenes, anesthesiologists collaborate for the best possible patient outcomes.”

John L. Thayer, M.D., Proliance Orthopedic and Sports Medicine, 1135 116th Ave. NE, Suite 510, Bellevue, 425.455.3600, Overlake Hospital Medical Center; University of Washington, 1977; hip and knee reconstruction, joint replacement, shoulder and knee surgery, sports medicine

OTOLARYNGOLOGY

(DISEASES OF THE EAR, NOSE, SINUS, THROAT AND OTHER HEAD AND NECK SYSTEMS)

Paul Abson, M.D. The Everett Clinic, 3927 Rucker Ave., Everett, 425.339.5441, Providence Regional Medical Center; University of Washington, 1986; nasal and sinus surgery, thyroid and parathyroid surgery

Cynthia Anonsen, M.D., Bellevue Ear, Nose and Throat Clinic, 1135 116th Ave. NE, Suite 500, Bellevue, 425.454.3938, Overlake Hospital Medical Center; University of Minnesota, 1979; head and neck surgery, pediatric otolaryngology, sinus disorders, sleep disorders/apnea

Douglas Backous, M.D., Swedish Neuroscience Institute, 350 17th Ave., Suite 550, 206.320.2800, Swedish Medical Center; University of Washington, 1969; otology and neuro-otology, skull base tumors and surgery

Stephen Bayles, M.D., Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.223.6374, Virginia Mason Medical Center; Emory University, 1994; head and neck cancer, microvascular surgery, skull base surgery, thyroid and parathyroid surgery

Neal D. Futran, M.D., D.M.D., Otolaryngology, Head and Neck Surgery Center, 1959 NE Pacific St., 206.598.4022, University of Washington Medical Center; Harborview Medical Center, State University of New York, Brooklyn, 1987; head and neck cancer and surgery, head and neck cancer reconstruction, skull base tumors and surgery

Michael G. Glenn, M.D., Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.223.6374, Virginia Mason Medical Center; University of California, San Francisco, 1981; head and neck surgery, head and neck cancer and surgery, thyroid surgery, parotid surgery

Alice L. Kunz, M.D., Bellevue Ear, Nose and Throat Clinic, 1135 116th Ave. NE, Suite 500, Bellevue, 425.454.3938, Overlake Hospital Medical Center; University of California, San Francisco, 1993; facial plastic and reconstructive surgery

Wayne F. Larrabee, Jr. M.D., Larrabee Center, 600 Broadway, Suite 280, 206.386.3550, Swedish Medical Center; Tulane University, 1971; facial cosmetic surgery, eyelid surgery, rhinoplasty, nasal surgery

Samson Lee, M.D., Bellevue Ear, Nose and Throat Clinic, 1135 116th Ave. NE, Suite 500, Bellevue, 425.454.3938, Overlake Hospital Medical Center; Duke University, 1999; facial plastic and reconstructive surgery, facial trauma/fractures, cleft palate/lip

Craig Murakami, M.D., Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.341.0895, Virginia Mason Medical Center; University of Washington, 1983; face lifts, facial plastic surgery, eyelid surgery, rhinoplasty

Christine Puig, M.D., Ear, Nose, Throat, and Plastic Surgery Associates, 310 Sixth St. NE, Auburn, 253.833.6241, Auburn Regional Medical Center; Texas Tech University, 1993; facial plastic and reconstructive surgery, endoscopic sinus surgery, snoring/sleep apnea

Seth Schwartz, M.D., Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.223.6374, Virginia Mason Medical Center; Yale University, 1998; reconstructive surgery, cochlear implants, chronic ear disease, otology/otolaryngology

Daniel Seely, M.D., Bellevue Ear, Nose and Throat Clinic, 1135 116th Ave. NE, Suite 500, Bellevue, 425.454.3938, Overlake Hospital Medical Center; Baylor College of Medicine, 1987, head and neck surgery, voice disorders, hearing disorders, sleep disorders/apnea

PAIN MEDICINE

Hugh Allen, M.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6980, Virginia Mason Medical Center; University of Southern California School of Medicine, 1988; pain management, pain medicine, regional anesthesia

[CONTINUED ON PAGE 112]
PEDIATRIC SPECIALTIES
Physicians with subspecialties in childhood illnesses can also be found under listings for Clinical Genetics, Family Medicine and Dermatology.

ADOLESCENT MEDICINE
Cora Collette Breunner, M.D., M.P.H., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2028, University of Washington Medical Center; Jefferson Medical College, 1982; biofeedback, eating disorders, sports medicineuner.

Ann Giesel, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2028, University of Washington Medical Center; University of Louisville School of Medicine, 1985; pediatric and adolescent gynecology, sexually transmitted diseases, child abuse and neglect.

Leslie R. Walker, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2028, University of Washington Medical Center; University of Illinois College of Medicine at Rockford, 1990; adolescent medicine, ADD/ADHD, substance abuse. See profile on page 84.

CHILD & ADOLESCENT PSYCHIATRY
Bryan H. King, M.D.,* Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2164, Seattle Children’s Autism Center; University of Washington Medical Center; Medical College of Wisconsin, 1983; autism, developmental disabilities, psychiatry and behavioral medicine.

Hower Kwon, M.D., Bellevue Child Behavior Center, 365 118th Ave. SE, Suite 118, Bellevue, 425.454.2911, Seattle Children’s Autism Center; New York University School of Medicine, 1993; anxiety and mood disorders, ADD/ADHD, developmental disorders.

CHILD NEUROLOGY
Majeed Al-Mateen, M.D., Mary Bridge Children's Hospital and Health Center, 311 S L St., Tacoma, 253.792.6630; University of California, Davis, 1979; neuromuscular disorders, Tourette syndrome.

Sidney M. Gospe Jr., M.D., Ph.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2078, University of Washington Medical Center; Duke University, 1981; epilepsy, neuromuscular disorders, neurotoxicology.

George Makari, M.D., Mary Bridge Children’s Hospital and Health Center, 311 S L St., Tacoma, 253.792.6630; Cairo University, Egypt, 1980; epilepsy, sleep disorders.

DIAGONSTIC RADIOLOGY: PEDIATRIC
Dennis W. Shaw, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2134, University of Washington Medical Center; University of Washington, 1983; pediatric neuroradiology, mitochondrial medicine, interventional radiology.

Rick Badura, M.D., Pediatric Medical Group, 3626 NE 45th St., Suite 300, 206.526.2600, Evergreen Hospital Medical Center, Swedish Medical Center, University of Nebraska College of Medicine, 1979; prematurity/low-birth-weight infants, breathing disorders.

Stephen J. Chentow, M.D., Pediatric Medical Group, 3626 NE 45th St., Suite 300, 206.526.2600, Evergreen Hospital Medical Center, University of Rochester, 1970; prematurity/low-birth-weight infants, critical care.

Christine A. Gleason, M.D., 1959; NE Pacific St., 206.543.5000, Seattle Children’s Hospital; University of Washington Medical Center; University of Rochester, 1979; prematurity/low-birth-weight infants, critical care.

M.D., Pediatric Medical Group, 3626 NE 45th St., Suite 300, 206.526.2600, Evergreen Hospital Medical Center, University of Washington, 1991; prematurity/low-birth-weight infants.

Barry M. Lawson, M.D., Pediatric Medical Group, 3626 NE 45th St., Suite 300, 206.526.2600, Evergreen Hospital Medical Center, University of Washington, 1980; critical care, prematurity/low-birth-weight infants.


Jeffrey Stolz, M.D., 10700 Meridian Ave. N, Suite 503, 206.526.2600, Swedish Medical Center, Evergreen.

Hospital Medical Center, Highline Medical Center; University of North Carolina School of Medicine, 1988; prematurity/low-birth-weight infants.

Terrence Sweeney, M.D., Swedish Neonatology, 747 Broadway, 206.388.6000, Swedish Medical Center, Evergreen Hospital Medical Center, University of Washington, 1980; critical care, prematurity/low-birth-weight infants.

PEDIATRIC ALLERGY & IMMUNOLOGY
William Butler, M.D., Group Health Capital Hill Campus South Specialty Center, 125 16th Ave. E, 206.326.3000, Virginia Mason Medical Center; Ohio State University, 1973; allergy.

PEDIATRIC CARDILOGY
Robert J. Boucek Jr., M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2015, University of Washington Medical Center; Tulane University, 1969; congenital heart disease, cardiac transplantation, vascular anomalies.

Peter S. Hesslein, M.D., Pediatric Specialty Care, 1101 Madison St., Suite 800, 206.215.2700, Swedish Medical Center; Baylor College of Medicine, 1976; cardiac electrophysiology, pacemakers.

Yuk Ming Law, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2015, University of Washington Medical Center; University of California, Los Angeles, 1987; cardiac transplant and heart failure, mitochondrial medicine.

Mark Lewin, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.1083, University of Washington Medical Center; Keck School of Medicine, University of Southern California, 1981; echocardiography, fetal cardiac diagnosis, cardiovascular genetics.

Jack C. Salerno, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.1083, University of Washington Medical Center; Keck School of Medicine, 1979; critical care medicine, quality improvement.

Jerry John Zimmerman, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2170, Harborview Medical Center, University of Washington Medical Center; University of Wisconsin, 1979; neurologic-endocrinologic-inflammatory stress response, critical care for infants and children.

PEDIATRIC ENDOCRINOLOGY

Gad B. Kletter, M.D., Pediatric Specialty Care, 1101 Madison St., Suite 800, 206.215.2700, Swedish Medical Center; Sackler School of Medicine, Israel, 1984; growth/development disorders, cholesterol/lipid disorders, pituitary disorders, thyroid disorders.

PEDIATRIC GASTROENTEROLOGY
Dennis L. Christie, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2521, University of Washington Medical Center; Northwestern University, 1968; inflammatory bowel disease, pediatric gastroenterology, hepatology. See profile on page 84.

Simon P. Horslien, M.B., Ch.B., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2521, University of Washington Medical Center; University of Bristol, United Kingdom, 1984; pediatric liver and intestine transplant, pediatric hepatology, short bowel syndrome.

Karen F. Murray, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2521, Mary Bridge Children’s Hospital and Health Center; Creighton University, 1997; cardiac catheterization, arrhythmias, fetal echocardiography.
University of Washington Medical Center; Johns Hopkins University, 1990; pediatric transplant hepatology, liver disease, hepatitis B and C

Melawai Yuwono, M.D., Mary Bridge Gastroenterology Clinic, 311 S. L St., Tacoma, 253.403.3131, Mary Bridge Children’s Hospital and Health Center; Medizinische Hochschule Hannover, Germany, 1983; gastrointestinal reflux disease

PEDIATRIC HEMATOLOGY & ONCOLOGY

Colleen Delaney, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2106, University of Washington Medical Center, Seattle Cancer Care Alliance; Fred Hutchinson Cancer Research Center; Harvard Medical School, 1996; cell stem cell transplant, pediatric cancer, cord blood transplant program

J. Russell Geyer, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2106, University of Washington Medical Center, Seattle Cancer Care Alliance; Wayne State University, 1977; pediatric cancer, neuro-oncology, infant brain tumor study

Douglas S. Hawkins, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2106, University of Washington Medical Center; Harvard Medical School, 1990; pediatric cancer, bone tumors, Ewing’s sarcoma, rhabdomyosarcoma

Dana Matthews, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2106, University of Washington Medical Center; University of Washington, 1981; pediatric cancer, pediatric hemophilia, pediatric thrombosis

Julie R. Park, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2106, University of Washington Medical Center; Fred Hutchinson Cancer Research Center; University of Vermont College of Medicine, Burlington, 1988; pediatric cancer, neuroblastoma, non-Hodgkin’s lymphoma

Thomas W. Pendergrass, M.D., M.P.H., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2026, University of Washington Medical Center, Seattle Cancer Care Alliance; University of Tennessee College of Medicine, 1971; pediatric cancer, blood disorders, retinoblastoma

Akiko Shimamura, M.D., Ph.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2106, University of Washington Medical Center, Fred Hutchinson Cancer Research Center; University of Rochester School of Medicine, 1991; pediatric cancer, bone marrow failure disorders, aplastic anemia, Shwachman-Diamond syndrome

William J. Thomas, M.D., 311 S. L St., Tacoma, 253.403.3481, Mary Bridge Children’s Hospital and Health Center; Jefferson Medical College, 1972; pediatric cancers, brain tumors, bleeding/coagulation disorders

PEDIATRIC INFECTIONOUS DISEASE

Farrah Cassis-Ghavami, M.D., Pediatric Specialty Care, 1101 Madison St., Suite 800, 206.215.2700, Swedish Medical Center, Valley Medical Center; Seattle Children’s Hospital; State University of New York, Downstate College of Medicine, 1999; AIDS, HIV

Scott J. Weissman, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.884.1067, University of Washington Medical Center; University of California, Irvine, 1997; MRSA, pediatric infectious disease, group B strep, prematurity research

PEDIATRIC NEPHROLOGY

Allison A. Eddy, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2106, University of Washington Medical Center; McGill University, Montreal, Canada, 1975; pediatric kidney disease, glomerulonephritis, interstitial nephritis

Joseph T. Flynn, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2524, University of Washington Medical Center; State University of New York, Upstate Medical University, 1987; hypertension, dialysis care, kidney disease, obesity

Laurie S. Fouser, M.D., Pediatric Specialty Care, 1101 Madison St., Suite 800, 206.215.2700, Swedish Medical Center; University of Nebraska College of Medicine, 1979; congenital kidney disease, glomerulonephritis, hypertension in children, kidney failure

Ruth A. McDonald, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2524, University of Washington Medical Center; University of Minnesota, 1987; pediatric solid organ transplant, kidney disease, kidney transplant

PEDIATRIC OTOLARYNGOLOGY

Andrew Ingris, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.3468, University of Washington Medical Center; Medical College of Pennsylvania and Hahnemann University, 1981; airway disorders, voice disorders

Kathleen C.Y. Sie, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.3390, University of Washington Medical Center; University of Michigan Medical School, 1984; hearing loss, cochlear implants, chronic ear disease, ear anomalies. See profile on page 84.

PEDIATRIC PULMONOLOGY

Preetam Bandla, M.D., Sleep Medicine Associates, 550 17th Ave., Suite A-20, 206.386.4744, Swedish Medical Center, Northwest Hospital and Medical Center; J.J.M. Medical College, India, 1999; sleep disorders/apnea

Edward Carter, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2174, University of Washington Medical Center; Vanderbilt University, 1981; asthma, cystic fibrosis, pulmonary medicine

Maida L. Chen, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2174, University of Washington Medical Center; Northwestern University, 1998; sleep disorders, sleep apnea

Bonnie W. Ramsey, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2024, University of Washington Medical Center; Harvard Medical School, 1976; cystic fibrosis, pulmonary medicine

Gregory J. Redding, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2174, University of Washington Medical Center; Stanford University, 1974; asthma, pulmonary medicine, therapeutic trials

PEDIATRIC RHEUMATOLOGY

Helen M. Emery, M.B., B.S., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2057, University of Washington Medical Center; University of Adelaide, Australia, 1971; pediatric rheumatology, renal rheumatology, telemedicine

PEDIATRIC SURGERY

Adam B. Goldin, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2039, University of Washington Medical Center; Rush University Medical School, Chicago, 1997; pediatric thoracic surgery, laparoscopic surgery

Kenneth W. Gow, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2039, University of Washington Medical Center; University of Manitoba, Canada, 1991; pediatric surgery, cancer surgery, tumor surgery

Edwin I. Hatch Jr., M.D., Pediatric Specialty Care, 1101 Madison St., Suite 800, 206.215.2700, Swedish Medical Center, Valley Medical Center, Evergreen Hospital Medical Center; Emory University, 1967; neonatal surgery

Patrick Healey, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2039, University of Washington Medical Center; Boston University, 1987; pediatric transplantation, liver and kidney transplantation, congenital anomalies, pediatric tumors

Monja L. Proctor, M.D., Pediatric Specialty Care, 1101 Madison St., Suite 800, 206.215.2700, Swedish Medical Center; University of Texas Southwestern, 1993; fetal surgery, neonatal surgery, Hirschsprung’s disease

Robert S. Sawin, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2794, University of Washington Medical Center; University of Pittsburgh, 1982; pediatric tumors, pediatric thoracic surgery, congenital diaphragmatic hernia

John Waldhausen, M.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2794, University of Washington Medical Center; Pennsylvania State University, Hershey Medical Center, 1986; minimally invasive surgery, laparoscopic surgery, neonatal surgery, congenital anomalies

PEDIATRIC UROLOGY

Richard W. Grady, M.D., Seattle Children’s Hospital, 4800 Sand

(CONTINUED FROM PAGE 107)

Marshall Bedder, M.D. PACIFIC MEDICAL CENTERS, 1101 Madison St., Suite 400, 206.505.1101, SWEDISH MEDICAL CENTER, PROVIDENCE EVERTT MEDICAL CENTER; UNIVERSITY OF MANITOBA AFFILIATED TEACHING HOSPITAL, 1982; SPINAL PAIN, NEUROPATHIC PAIN, SPINAL CORD STIMULATION

Dermot R. Fitzgerald, M.B.B.Ch.*, seattle Cancer Care Alliance, 825 Eastlake Ave. E., 206.288.7222, UNIVERSITY OF WASHINGTON MEDICAL CENTER; UNIVERSITY COLLEGE CORK FACULTY OF MEDICINE, IRELAND, 1983; CANCER PAIN

PATHOLOGY
(DEALING WITH THE CAUSE AND NATURE OF DISEASE)

Sandra Ewaskow, M.D. EASTSIDE PATHOLOGY, 1280 116th Ave. NE, SUITE 210, BELLEVUE, 425.646.0922, EVERGREEN HOSPITAL MEDICAL CENTER, OVERLAKE HOSPITAL MEDICAL CENTER; CREATON UNIVERSITY, 1991; CYTOPATHOLOGY

Donald G. Guinee, M.D. VIRGINIA MASON SEATTLE MAIN CLINIC, BUCK PAVILION, 1100 NINTH AVE., 206.223.6861, VIRGINIA MASON MEDICAL CENTER; TULANE UNIVERSITY, 1986; PULMONARY PATHOLOGY, KIDNEY PATHOLOGY, DERMATOPATHOLOGY

Timothy Jacobs, M.D. VIRGINIA MASON SEATTLE MAIN CLINIC, BUCK PAVILION, 1100 NINTH AVE., 206.223.6861, VIRGINIA MASON MEDICAL CENTER; UNIVERSITY OF CAPE TOWN MEDICAL SCHOOL, SOUTH AFRICA, 1989; BREAST PATHOLOGY, CYTOPATHOLOGY, SURGICAL PATHOLOGY

Hongxiu Ji, M.D., Ph.D. EASTSIDE PATHOLOGY, 1280 116th Ave. NE, SUITE 210, BELLEVUE, 425.646.0922, EVERGREEN HOSPITAL MEDICAL CENTER, OVERLAKE HOSPITAL MEDICAL CENTER; SHANGHAI MEDICAL UNIVERSITY, CHINA, 1985; GYNECOLOGIC PATHOLOGY, PERINATAL PATHOLOGY, CERVICAL CANCER, HUMAN PAPILLOMAVIRUS

PEDIATRIC SPECIALTIES
(SEE PAGE 108)

Starnley A. Herring, M.D. HARBORVIEW MEDICAL CENTER, 908 JEFFERSON ST., FLOOR 5, 206.744.8845, UNIVERSITY OF WASHINGTON MEDICAL CENTER; UNIVERSITY OF TEXAS SOUTHWESTERN, 1979; SPORTS MEDICINE, BACK PAIN, SPINAL REHABILITATION

George H. Kraft, M.D. WESTERN MULTIPLE SCLE- ROSIS CLINIC, 1959 NE PACIFIC ST., 206.598.3344, UNIVERSITY OF WASHINGTON MEDICAL CENTER; OHIO STATE UNIVERSITY, 1963; MULTIPLE SCLEROSIS, SPINAL CORD INJURY, ELECTRODIAGNOSIS, EMG

Teresa L. Massagli, M.D. SEATTLE CHILD- EN'S HOSPITAL, 4800 SAND POINT WAY NE, 206.987.2114, HARBORVIEW MEDICAL CENTER, UNIVERSITY OF WASHINGTON MEDICAL CENTER, YALE UNIVERSITY, 1982; PEDIATRIC TRAUMATIC BRAIN INJURY, PEDIATRIC SPINAL CORD INJURY, PEDIATRIC NEUROMUSCULAR DISORDERS REHABILITATION

Maria Regina Reyes, M.D. REHABILITATION MEDICINE CLINIC, 1959 NE PACIFIC ST., 206.598.4229, UNIVERSITY OF WASHINGTON MEDICAL CENTER; PENNSYLVANIA STATE UNIVERSITY HER- SHEY MEDICAL CENTER, 1992; SPINAL CORD INJURY, SPINAL REHABILITATION, BRAIN INJURY REHABILITATION, ELECTRODIAGNOSIS

David T. Yu, M.D. VIRGINIA MASON SEATTLE MAIN CLINIC, BUCK PAVILION, 1100 NINTH AVE., 206.223.6746, VIRGINIA MASON MEDICAL CENTER; WAKE FOREST UNIVERSITY, 1992; SPINAL CORD INJURY, NEUROREHABILITATION, STROKE

PLASTIC SURGERY

Kevin Michael Beshlian, M.D. VIRGINIA MASON SEATTLE MAIN CLINIC, LINDENAVEN PAVILION, 1201 TERRY AVE., 206.223.6831, VIRGINIA MASON MEDICAL CENTER; UNIVERSITY OF WASHINGTON SCHOOL OF MEDICINE, 1982; BREAST RECONSTRUCTION, SKIN CANCER, FACIAL TRAUMA, MICROSURGERY

Gavin Mark Dry, M.D. PLASTIC SURGERY NORTHWEST, 13114 120TH AVE. NE, KIRKLAND, 425.821.6000, EVERGREEN HOSPITAL MEDICAl CENTER; UNIVERSITY OF BRITISH COLUMBIA, CANADA, 1994; FACE, BODY AND BREAST COSMETIC SURGERY

Joseph Gruss, M.D. SEATTLE CHILDREN'S HOSPITAL, 4800 SAND POINT WAY NE, 206.987.2750, UNIVERSITY OF WASHINGTON MEDICAL CENTER, HARBORVIEW MEDICAL CENTER; UNIVERSITY OF THE WITWATERSRAND, SOUTH AFRICA, 1989; MAXILLOFACIAL AND CRANIOFACIAL SURGERY, FACIAL TRAUMA/FRACTURES, CLEFT PALATE/LIP, PEDIATRIC PLASTIC SURGERY

Ferda Frank Isik, M.D. THE POLYCLINIC, 1145 BROADWAY, 206.860.4566, SWEDISH MEDICAL CENTER; MOUNT SINAI SCHOOL OF MEDICINE, 1985; FACE AND BODY COSMETIC SURGERY, BREAST RECONSTRUCTION

Jeffrey Eldon Kylios, M.D. THE POLYCLINIC, 1145 BROADWAY, 206.563.3118, SWEDISH MEDICAL CENTER; SAINT LOUIS UNIVERSITY, 1981; FACE AND BODY COSMETIC SURGERY, BREAST RECONSTRUCTION, LIPSUCTION AND BODY CONTOURING

PEDIATRICS
Ann Champanoux, M.D.*, VIRGINIA MASON SAND POINT PEDIATRICS, 4575 SAND POINT WAY NE, SUITE 108, 206.525.8000, VIRGINIA MASON MEDICAL CENTER; UNIVERSITY OF HAWAII, JOHN A. BURNS SCHOOL OF MEDICINE, 1984; ADOLESCENT GYNECOLOGY, NEWBORN CARE

Ruth A. Conn, M.D., VIRGINIA MASON SAND POINT PEDIATRICS, 4575 SAND POINT WAY NE, SUITE 108, 206.525.8000, VIRGINIA MASON MEDICAL CENTER; UNIVERSITY OF HAWAII, JOHN A. BURNS SCHOOL OF MEDICINE, 1984; ADOLESCENT GYNECOLOGY, NEWBORN CARE

Charles A. Cowan, M.D., SEATTLE CHILDREN'S HOSPITAL, 4800 SAND POINT WAY NE, 206.987.2204; UNIVERSITY OF HEALTH SCIENCES, CHICAGO MEDICAL SCHOOL, 1968; AUTISM, DEVELOPMENTAL AND BEHAVIORAL DISORDERS, DEVELOPMENTAL PEDIATRICS

Kenneth W. Feldman, M.D., ODESSA BROWN CHILDREN'S CLINIC, 2101 E YESLER WAY, SUITE 100, 206.987.7200, SEATTLE CHILDREN'S HOSPITAL, UNIVERSITY OF WASHINGTON MEDICAL CENTER; UNIVERSITY OF WISCONSIN, MADISON, 1970; CHILD ABUSE PREVENTION, CHILD INJURY PREVENTION, PRIMARY CARE

Catherine J. Karr, M.D., PH.D., PEDIATRIC CARE CENTER, 4245 ROOSEVELT WAY NE, 206.598.3000, HARBORVIEW MEDICAL CENTER; UNIVERSITY OF WASHINGTON, 1999; ENVIRONMENTAL MEDICINE, RESPIRATORY INFECTIONS, ASTHMA

Thomas E. Nunley, M.D., PH.D., VIRGINIA MASON SAND POINT PEDIATRICS, 4575 SAND POINT WAY NE, SUITE 108, 206.525.8000, VIRGINIA MASON MEDICAL CENTER; UNIVERSITY OF ILLINOIS COLLEGE OF MEDICINE, URBANA, 1984

William O. Walker, M.D., SEATTLE CHILDREN'S HOSPITAL, 4800 SAND POINT WAY NE, 206.987.2204, UNIVERSITY OF WASHINGTON MEDICAL CENTER; TULANE UNIVERSITY, 1979; DEVELOPMENTAL AND BEHAVIORAL DISORDERS, AUTISM, CEREBRAL PALSY, SPINA BIFIDA

Mitch Weinberg, M.D., PH.D., WOODYVILLE PEDIATRICS, 17000 140TH AVE. NE, SUITE 102, WOODYVILLE, 425.483.5437, EVERGREEN HOSPITAL MEDICAL CENTER; CASE WESTERN RESERVE UNIVERSITY, 1981

Samuel Zinner, M.D., CENTER ON HUMAN DEVELOPMENT AND DISABILITY, 1959 NE PACIFIC ST., 206.221.6806, UNIVERSITY OF WASHINGTON MEDICAL CENTER, SEATTLE CHILDREN'S HOSPITAL; UNIVERSITY OF CALIFORNIA, SAN DIEGO, 1994; AUTISM, DEVELOPMENTAL AND BEHAVIORAL DISORDERS
keith Thomas Paige, M.D., Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.223.6831, Virginia Mason Medical Center; Harvard Medical School, 1989; reconstructive plastic surgery, breast cosmetic and reconstructive surgery, body contouring, after weight loss

Richard Pierce Rand, M.D., Northwest Center for Aesthetic Plastic Surgery, 1135 116th Ave. NE, Suite 630, Bellevue, 425.488.8828, Overlake Hospital Medical Center; University of Michigan Medical School, 1981; face cosmetic surgery, breast cosmetic surgery, abdominoplasty, facelifts

James D. Schlenker Jr., M.D., Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.223.6831, Virginia Mason Medical Center; University of Pennsylvania, 1999; reconstructive plastic surgery, hand surgery, microvascular surgery

Nicholas Blair Vedder, M.D., Harborview Medical Center, 325 Ninth Ave., 206.744.8845, Veterans Affairs Puget Sound Health Care System, University of Washington Medical Center; Case Western Reserve University, 1981; reconstructive plastic surgery, hand surgery

R. Andrew Welk, M.D., The Polyclinic, 1145 Broadway, 206.860.2317, Swedish Medical Center; University of Michigan Medical School, 1981; face and body cosmetic surgery, breast cosmetic and reconstructive surgery, liposuction

PSYCHIATRY

Jesse R. Fann, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.543.3925, Harborview Medical Center; Northwestern University, 1989; psychiatry in physical illness, psychiatry in cancer, neuropsychiatry

Vernon M. Neppe, M.D., Ph.D., Pacific Neuropsychiatric Institute, 6300 Ninth Ave. NE, Suite 353, 206.527.6289, Overlake Hospital Medical Center, Northwest Hospital and Medical Center; University of the Witwatersrand, South Africa, 1973; behavioral neurology, neuropsychiatry, psychopharmacology, forensic psychiatry

Murray Raskind, M.D., Veterans Affairs Puget Sound Health Care System, 1660 S Columbia Way, 206.762.1015, University of Washington Medical Center; Columbia University College of Physicians and Surgeons, 1948; geriatric psychiatry, Alzheimer’s disease, post-traumatic stress disorder

John D. Wynn, M.D., 1120 Cherry St., Suite 240, 206.624.0296, Swedish Medical Center; University of Illinois College of Medicine, 1983; autoimmune disease, bipolar/mood disorders, obsessive-compulsive disorder, psychosomatic disorders

PULMONARY DISEASE

William De Paso, M.D., Virginia Mason Seattle Main Clinic, 925 Seneca St., 206.625.7180, Virginia Mason Medical Center; University of Chicago Pritzker School of Medicine, 1984; sleep disorders/apnea

Todd D. Freudenberg, M.D., Overlake Internal Medicine Associates, 1135 116th Ave. NE, Suite 600, Bellevue, 425.454.2671, Overlake Hospital Medical Center; University of Washington, 1994; lung cancer, interstitial lung disease, pulmonary embolism

Anthony J. Gerbino Jr., M.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6622, Virginia Mason Medical Center; University of California, Los Angeles, 1992; lung cancer, chronic obstructive lung disease (COPD), pulmonary fibrosis, sarcoidosis, hyperbaric medicine

Ronald Gibson, M.D., Ph.D., Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2174, University of Washington Medical Center; Washington University in St. Louis, 1982; pulmonary infections, cystic fibrosis, asthma

Ronald J. Green, M.D., The Everett Clinic, 3901 Hoyt Ave., Everett, 425.339.5410, Providence Regional Medical Center; Columbia University College of Physicians and Surgeons, 1990; sleep disorders/apnea, pediatric pulmonology, smoking cessation

Steven H. Kirtland, M.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6622, Virginia Mason Medical Center; University of California, San Diego, 1986; lung cancer, interstitial lung disease, bronchoscopy, pulmonary infections

Frederick E. Pascual, M.D., The Everett Clinic, 3901 Hoyt Ave., Everett, 425.339.5410, Providence Regional Medical Center; University of California, San Diego, 1995; sleep disorders/apnea

Ganesh Raghu, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4615; University of Mysore Medical College, India, 1974; interstitial lung disease, pulmonary fibrosis, sarcoidosis, lung transplant

David Russian, M.D., Western Washington Medical Group, 1330 Rockefeller Ave., Suite 340, Everett, 425.252.1116, Providence Regional Medical Center; Washington University in St. Louis, 1990; lung disease, sleep disorders/apnea, critical care

RADIATION ONCOLOGY

(SEE PAGE 94)

REPRODUCTIVE ENDOCRINOLOGY

(GLANDULAR DISORDERS RELATING TO OBSTETRICS AND DYNECOLOGY)

Brenda Houmard, M.D., Ph.D., University Reproductive Care, 4245 Roosevelt Way NE, 206.598.4225, University of Washington Medical
HOW WE CONDUCTED OUR TOP DOCTORS SURVEY

Seattle magazine’s Top Doctors list was created in collaboration with Castle Connolly Medical Ltd., a health care research and information company founded in 1991 by a former medical-college board chairman and president to help guide consumers to America’s top doctors and top hospitals. Castle Connolly’s established survey and research process, under the direction of a medical doctor, involves tens of thousands of top doctors and the medical leadership of leading hospitals. Castle Connolly’s physician-led team of researchers follows a rigorous screening process to select top doctors on both the national and regional levels. Using mail and telephone surveys and electronic ballots, they ask physicians and the medical leadership of leading hospitals to identify highly skilled, exceptional doctors. Careful screening of doctors’ educational and professional experience is essential before final selection is made among those physicians most highly regarded by their peers. The result: Castle Connolly identifies the top doctors in America and provides the consumer with detailed information about their education, training and special expertise through publications such as paperback guides, national and regional magazine “Top Doctors” features, and online directories. This year, again in conjunction with Seattle magazine, Castle Connolly additionally opened up the nomination survey process to all licensed physicians in the region through a special online site. With the support of the magazine and marketing staffs at all the respective hospitals in the Seattle metro area, Castle Connolly garnered 6,511 nominations—an average of nearly 13 nominations cast by each participant. This added process enabled Castle Connolly to enhance its existing processes and arrive at the list of top doctors for this feature. Several factors determine which names appear on the list, including the number of nominations a physician receives, the area of specialty, the number of practitioners in the specialty, and geographic distribution. In addition to Castle Connolly’s review of state licensure, as an added measure, Seattle magazine staff verified at press time that all physicians listed are in good standing with the Washington State Department of Health. To verify any provider on the list, go to doh.wa.gov and click on “Provider Credential Search.” While our list is comprehensive, it is not exhaustive. Castle Connolly only includes physicians in specialties certified by the American Board of Medical Specialties. Additionally, this list is limited to those practitioners whom patients can generally select; emergency room and anesthesiology specialists are not included. In fact, many well-qualified providers are not included, but we are confident that those listed are among the best in their areas of specialty. Physicians selected for inclusion in Seattle magazine’s “Top Doctors” feature may also appear as Regional Top Doctors online at castleconnolly.com, or in one of Castle Connolly’s Top Doctors guides, such as America’s Top Doctors (10th edition, $34.95; available at bookstores and at castleconnolly.com; 800.399.3627) or America’s Top Doctors for Cancer. Doctors do not and cannot pay to be selected and profiled as Castle Connolly or Seattle magazine Top Doctors.

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Castle Connolly’s established survey and research process, under direction of medical doctor, involves tens of thousands top doctors and medical leadership of leading hospitals.

Castle Connolly’s physician-led team of researchers follows rigorous screening process to select top doctors both national and regional levels.

Using mail and telephone surveys and electronic ballots, they ask physicians and medical leadership of leading hospitals to identify highly skilled, exceptional doctors.

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of Cincinnati, 1994; infertility–IVF, polycystic ovarian syndrome, reproductive surgery

RHEUMATOLOGY

Julie L. Carkin, M.D.** The Seattle Arthritis Clinic, 10330 Meridian Ave. N, Suite 250, 206.368.6123, Northwest Hospital and Medical Center; Boston University, 1987; osteoporosis. See profile on page 84.

Jeffrey Carlin, M.D. Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.223.6824, Virginia Mason Medical Center; New York University School of Medicine, 1975; arthritis, lupus/SLE

Elizabeth Jernberg, M.D. 33501 First Way S, Federal Way, 253.874.1610, Virginia Mason Medical Center; University of Kansas, 1987; arthritis, autoimmune conditions

Philip J. Mease, M.D. Seattle Rheumatology Associates, 1101 Madison St., Suite 1000, 206.386.2000, Swedish Medical Center; Stanford University, 1977; arthritis, autoimmune disease, fibromyalgia, lupus/SLE

Mary Wemple, M.D. Pacific Medical Center, 1200 12th Ave. S, 206.505.1001; University of Michigan Medical School, 1995; rheumatoid arthritis, connective tissue disorders, osteoporosis

Mark Wener, M.D.** University of Washington Medical Center, 1959 NE Pacific St., 206.598.4415, Harborview Medical Center; Washington University in St. Louis, 1974; lupus/SLE, vasculitis, scleroderma, autoimmune disease

John Yuen, M.D. Pacific Medical Centers, 1200 12th Ave. S, 206.505.1001; Case Western Reserve University, 1990; connective tissue disorders, lupus/SLE, vasculitis, asthma

SPORTS MEDICINE

David Belfie, M.D. Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.223.6487, Virginia Mason Medical Center; University of Washington, 1993; arthroscopic surgery, shoulder and elbow surgery

Terrence Cronin, M.D. Pediatric Specialty Care, 1101 Madison St., Suite 800, 206.215.2700, Swedish Medical Center; University of California, San Francisco, 1999; pediatric sports medicine, sports injuries

Michael Morris, M.D. Virginia Mason Seattle Main Clinic, Lindeman Pavilion, 1201 Terry Ave., 206.223.6487, Virginia Mason Medical Center; University of California, Irvine, 1981; shoulder and knee reconstruction, rotator cuff surgery, shoulder arthroscopic surgery, knee arthroscopic surgery

Gregory A. Schmale, M.D. Seattle Children’s Hospital, 4800 Sand Point Way NE, 206.987.2109, University of Washington Medical Center; University of Washington, 1994; pediatric and adolescent sports medicine, pediatric orthopedics

Carol C. Teitz, M.D. Sports Medicine Clinic, 3950 Montlake Blvd. NE, 206.543.1552, University of Washington Medical Center; Yale University, 1974; sports injuries, musculoskeletal injuries in dancers

Christopher Wahl, M.D. Sports Medicine Clinic, 3950 Montlake Blvd. NE, 206.543.1552, University of Washington Medical Center; Yale University, 1996; shoulder surgery, arthroscopic surgery, elbow surgery

SURGERY

Thomas Biehl, M.D. Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6638, Virginia Mason Medical Center; University of California, San Diego, 1987; laparoscopic surgery, hernia, thyroid and parathyroid surgery, adrenal surgery

Steven N. Beek, M.D. Group Health Bellevue Medical Center, 11511 NE 10th St., Suite 2A, Bellevue, 425.502.3450, Overlake Hospital Medical Center; New York University School of Medicine, 1974; sports injuries, obesity/bariatric surgery, laparoscopic surgery

Mark T. Brakstad, M.D. Northwest Surgical Specialists, 1560 N 115th St., Suite 102, 206.363.2882, Northwest Hospital and Medical Center; University of Washington, 1983; laparoscopic surgery, breast surgery

David Byrd, M.D. University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477, Tulane University, 1982; cancer surgery, tumor surgery, melanoma, breast cancer and surgery

Lily Chang, M.D. Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.341.1994, Virginia Mason Medical Center; Tufts University, 1994; minimally invasive surgery, gastrointestinal surgery, esophageal surgery

Mary Wemple, M.D. Pacific Medical Center, 1200 12th Ave. S, 206.505.1001; University of Michigan Medical School, 1995; rheumatoid arthritis, connective tissue disorders, osteoporosis

Mark Wener, M.D.** University of Washington Medical Center, 1959 NE Pacific St., 206.598.4415, Harborview Medical Center; Washington University in St. Louis, 1974; lupus/SLE, vasculitis, scleroderma, autoimmune disease

John Yuen, M.D. Pacific Medical Centers, 1200 12th Ave. S, 206.505.1001; Case Western Reserve University, 1990; connective tissue disorders, lupus/SLE, vasculitis, asthma
Joseph E. Chebli, M.D., Northwest Obesity Surgery, 10330 Meridian Ave. N., Suite 390, 206.368.1230, Evergreen Hospital Medical Center, Northwest Hospital and Medical Center; State University of New York at Stony Brook, 1995; obesity/bariatric surgery, laparoscopic surgery. See profile on page 88.

Richard Clarfield, M.D., 1135 114th Ave. NE, Suite 180, Bellevue, 425.688.0212, Overlake Hospital Medical Center; Abraham Lincoln School of Medicine, 1974; breast surgery, breast cancer and surgery, cancer surgery.

Debra Wechter, M.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6533, Virginia Mason Medical Center; University of California, Davis, 1980; breast cancer.

E. Patchen Dellinger, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477, Veterans Affairs Puget Sound Health Care System; Harvard Medical School, 1970; obesity/bariatric surgery, surgical infections, gastrointestinal surgery.


Karen Horvath, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477, Veterans Affairs Puget Sound Health Care System; New York Medical College, 1990; colon and rectal surgery, gastrointestinal surgery, minimally invasive surgery.


Robert Michaelson, M.D., Ph.D., Northwest Weight Loss Surgery, 125 130th St. SE, Floor 1, Everett, 425.385.2263, Evergreen Hospital Medical Center; University of Illinois College of Medicine, 1995; obesity/bariatric surgery, laparoscopic surgery.

Jorge D. Reyes, M.D., University of Washington Medical Center, 1959 NE Pacific St., 800.852.8546, Seattle Children’s Hospital; Federal University of Minas Gerais, Brazil, 1979; transplant surgery, pediatric transplant surgery, liver transplant surgery.

Mika N. Sinanan, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477; Johns Hopkins University, 1980; gastrointestinal surgery, gastrointestinal cancer, liver and biliary cancer, laparoscopic surgery.

Debra Wechter, M.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6533, Virginia Mason Medical Center; University of California, Davis, 1980; breast cancer.

E. Patchen Dellinger, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477, Veterans Affairs Puget Sound Health Care System; Harvard Medical School, 1970; obesity/bariatric surgery, surgical infections, gastrointestinal surgery.


Karen Horvath, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477, Veterans Affairs Puget Sound Health Care System; New York Medical College, 1990; colon and rectal surgery, gastrointestinal surgery, minimally invasive surgery.


Robert Michaelson, M.D., Ph.D., Northwest Weight Loss Surgery, 125 130th St. SE, Floor 1, Everett, 425.385.2263, Evergreen Hospital Medical Center; University of Illinois College of Medicine, 1995; obesity/bariatric surgery, laparoscopic surgery.

Jorge D. Reyes, M.D., University of Washington Medical Center, 1959 NE Pacific St., 800.852.8546, Seattle Children’s Hospital; Federal University of Minas Gerais, Brazil, 1979; transplant surgery, pediatric transplant surgery, liver transplant surgery.

Mika N. Sinanan, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477; Johns Hopkins University, 1980; gastrointestinal surgery, gastrointestinal cancer, liver and biliary cancer, laparoscopic surgery.

Debra Wechter, M.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6533, Virginia Mason Medical Center; University of California, Davis, 1980; breast cancer.

E. Patchen Dellinger, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477, Veterans Affairs Puget Sound Health Care System; Harvard Medical School, 1970; obesity/bariatric surgery, surgical infections, gastrointestinal surgery.


Karen Horvath, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477, Veterans Affairs Puget Sound Health Care System; New York Medical College, 1990; colon and rectal surgery, gastrointestinal surgery, minimally invasive surgery.


Robert Michaelson, M.D., Ph.D., Northwest Weight Loss Surgery, 125 130th St. SE, Floor 1, Everett, 425.385.2263, Evergreen Hospital Medical Center; University of Illinois College of Medicine, 1995; obesity/bariatric surgery, laparoscopic surgery.

Jorge D. Reyes, M.D., University of Washington Medical Center, 1959 NE Pacific St., 800.852.8546, Seattle Children’s Hospital; Federal University of Minas Gerais, Brazil, 1979; transplant surgery, pediatric transplant surgery, liver transplant surgery.
Canada, 1982; lung cancer, mesothelioma, mediastinal tumors, thoracic cancers

Edward D. Verrier, M.D., Regional Heart Center, 1959 NE Pacific St., 206.598.3636, University of Washington Medical Center; Northwestern Hospital and Medical Center; Tufts University, 1974; coronary artery surgery, heart valve surgery

Douglas E. Wood, M.D., University of Washington Medical Center, 1959 NE Pacific St., 800.852.8546, Northwestern Hospital and Medical Center, Seattle Cancer Care Alliance; Harvard Medical School, 1983; lung cancer, esophageal cancer, tracheal surgery, mesothelioma

UROLOGY
(DISORDERS OF THE URINARY TRACT)

Emily B. Bradley, M.D., The Polyclinic, 11011 Meridian Ave. N., Suite 200, 206.528.4944, Northwest Hospital and Medical Center; University of Michigan Medical School, 1999; urologic cancer, incontinence

Phillip Chapman, M.D., Swedish Urology Group, 1101 Madison St., Suite 1400, 206.386.6266, Swedish Medical Center; University of Washington, 1987; laparoscopic surgery, urologic cancer, vasectomy and vasectomy reversal, incontinence

John Corman, M.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6177, Virginia Mason Medical Center; Baylor College of Medicine, 1992; prostate cancer/robotic surgery, urologic cancer, kidney cancer

Bruce Dalkin, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4294, Veterans Affairs Puget Sound Health Care System; Northwestern University, 1985; urologic cancer, prostate cancer, blunder cancer, testicular cancer

William J. Ellis, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4294, Veterans Affairs Puget Sound Health Care System; Johns Hopkins University, 1985; prostate cancer, prostate disease, kidney cancer

Paul H. Lange, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4294, Veterans Affairs Puget Sound Health Care System; Washington University in St. Louis, 1967; prostate cancer

R. Dale McClure, M.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6179, Virginia Mason Medical Center; University of Western Ontario, Canada, 1968; male infertility. See profile on page 92.

Ksenija B. Stefanovic, M.D., Ph.D., Virginia Mason Seattle Main Clinic, Buck Pavilion, 1100 Ninth Ave., 206.223.6179, Virginia Mason Medical Center; University of Belgrade, Yugoslavia, 1978; sexual dysfunction, women’s health, incontinence, Peyronie’s disease, genital dermatology, genitourinary infections

Thomas K. Takayama, M.D., Bellevue Urology Associates, 1135 116th Ave. NE, Suite 620, Bellevue,
Thomas Walsh, M.D., Seattle Reproductive Medicine, 1505 Westlake Ave. N, Suite 400, 206.301.5000, Northwest Hospital and Medical Center; Tufts University, 1985; urologic cancers, prostate cancer, robotic surgery, laparoscopic surgery

Hunter Wessells, M.D., Urology Clinic, 410 Ninth Ave., Floor 7, 206.744.8845, Harborview Medical Center, University of Washington Medical Center; Georgetown University, 1988; trauma, reconstructive urologic surgery, Peyronie's disease, erectile dysfunction

Claire C. Yang, M.D., Urology Clinic, 410 Ninth Ave., Floor 7, 206.744.3241, Harborview Medical Center, University of Washington Medical Center; Vanderbilt University, 1988; neurourology, sexual dysfunction, voiding dysfunction, kidney stones

VASCULAR & INTERVENTIONAL RADIOLOGY
[MINIMALLY INVASIVE PROCEDURES USING IMAGE GUIDANCE]

William Crenshaw, M.D., Washington Imaging Services, 1135 116th Ave. NE, Suite 260, Bellevue, 425.688.0100, Overlake Hospital Medical Center; University of Virginia School of Medicine, 1987

Frantz Pierre-Jerome, M.D., Washington Imaging Services, 1135 116th Ave. NE, Suite 260, Bellevue, 425.688.0100, Overlake Hospital Medical Center; Johns Hopkins University, 1987

Karim Valji, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.6200, Veterans Affairs Puget Sound Health Care System; Harvard Medical School, 1982; dialysis access

VASCULAR SURGERY

Mark H. Meissner, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.9436; University of Colorado, 1985;
Our Top Doctors Advisory Panel

Seattle magazine thanks the members of its Top Doctors advisory panel, who agreed to share their insights and advice on medical trends and issues as we compiled this year’s Top Doctors issue. Panel members do not review or influence the choice of doctors on the final list, and so they are eligible to be included on the list if board certified in one of the specialties featured in the listing. Our advisory panel members are:

Dr. William P. Barrett,
Valley Orthopedic Associates

Dr. Amy Chen,
Acupuncture & Chinese Herb Clinic

Dr. Albert B. Einstein Jr.
Swedish Cancer Institute

Dr. David Fisher,
Seattle Children’s Hospital

Dr. Marc Mora,
Group Health Cooperative

Dr. Gregory Schroedl,
Northwest Hospital & Medical Center

Dr. Thomas Trumble,
University of Washington Medical Center

Dr. Henry Williams,
Overlake Senior Health Center
How are these new ERs different from other types of emergency care, and when should you consider using them? Here’s a quick primer on the new emergency centers.

**What are they?** Neighborhood emergency centers where patients are evaluated, stabilized and treated for acute illnesses or injuries, including those suffering from stroke, severe lacerations, burns, broken bones, allergic reactions and food poisoning. They operate around the clock and are staffed by board-certified ER doctors, nurses and medical technicians.

**How do they work?** Upon entering, you are directed to a “greeter” desk, where a nurse assesses you, then directs you to an exam room, where an “intake team” (a nurse, an ER technician and physician) takes over. “It’s kind of a NASCAR pit crew phenomenon where everybody is on deck,” Milne says.

**How do they differ from “urgent care centers”?** Many urgent care centers offer basically the same services a primary care physician would, except on a walk-in basis. Many are not open 24/7. Freestanding emergency departments, however, provide the same diagnostics and initial care as their affiliated hospital’s ER, around the clock. Patients with serious injuries or illnesses—or who require extended treatment or surgery—are transferred by ambulance to the hospital “The only difference is the ‘elevator ride’ from the ER to the hospital bed is a little longer,” says Milne.

**Why now?** Emergency care in the U.S. is at the breaking point, according to a 2006 report by the Institute of Medicine, an arm of the nonprofit National Academy of Sciences. It noted that about 703 hospitals have closed in the last several years because of cost-cutting measures, while demand for emergency and trauma care has increased dramatically. Use of emergency rooms nationwide has increased 26 percent since 1997, to about 114 million patients, according to the Centers for Disease Control and Prevention (CDC), possibly due to an increase in the number of uninsured. But only about 13 percent of emergency room visits result in hospital admissions, the report says. “There is a huge gap between what can be done in a traditional outpatient clinic and an acute care hospital,” Milne says. “We’re really just part of the rapid evolution of health care.”

[CONTINUED FROM PAGE 98]